

















EAT THAI

Allergénicos * Allergens

Se vir estes símbolos, significa que o prato podem conter:
If you see these symbols, it means the dish may contain:

- | | | | |
|--|--|---|--|
| 1

Cereais / Cereals | 2

Crustáceos / Crustacean | 3

Ovos / Eggs | 4

Peixe / Fish |
| 5

Amendoins / Peanuts | 6

Soja / Soybenas | 7

Leite / Milk | 8

Frutos Secos / Nuts |
| 9

Aipo / Celery | 10

Mostarda / Mustard | 11

Sésamo / Sesame | 12

Sulfitos / Sulfites |
| | 13

Tremoço / Lupin | 14

Moluscos / Mollusks | |

Nível de Picante * Spicy Level

Todos os pratos picantes podem ser pedidos para serem preparados menos picantes do que o habitual.
All spicy dishes can be requested to be prepared less spicy than usual.



Os nossos pratos são sempre preparados com ingredientes frescos, 100% naturais.
Sem sabores, corantes ou conservantes artificiais. Sem MSG.

Our dishes are always prepared with fresh, all natural ingredients.
No artificial flavours, colours or preservatives. No MSG.

Entradas * Starters

1. SATAY GAI



8.90 €

Espetadas com tiras de frango grelhado, servidas com molho de amendoim e pepino em conserva.
Strips of grilled marinated chicken on bamboo skewers, served with peanut sauce and pickled cucumber.



2. POH PEAH TOD



7.50 €

Rolinhos primavera fritos de vegetais, servidos com molho agridoce coberto com amendoim.
Fried vegetable spring rolls served with sweet and sour sauce.



3. GAI HOR BAI PHAI



8.50 €

Frango assado no forno com mel, envolto em folhas de bambu.
Honey roasted chicken wrapped in bamboo leaves.



4. KIEW GOONG TOD



9.90 €

Wonton de camarão crocante, servido com molho caseiro tailandês de pimentão doce.
Crispy shrimp wonton, served with Thai homemade sweet chili sauce.



5. MOO PING



8.90 €

Espetadas de porco marinado e grelhadas ao estilo tailandês, servidas com molho picante tailandês.
Thai style marinated and grilled pork skewers, served with Thai homemade spicy sauce.



6. TOW HU TOD



6.50 € Vegetariano

Tofu frito, servido com molho caseiro tailandês de pimentão doce.
Deep fried tofu (bean curd), served with sweet and sour Thai homemade sweet chili sauce.



7. KUAY TIEW LUI SUAN



8.50 €
Vegetariano

Massa fresca de arroz recheada com vegetais (cenoura, pepino, alface, menta e coentros) e servida com molho agridoce coberto com amendoim.

Fresh rice noodle with vegetables (carrot, cucumber, lettuce, mint and coriander) and served with sweet and sour sauce topped with peanuts.



8. MOO KROB



9.90 €

Barriga de porco crocante servida com molho picante tailandês.
Crispy pork belly served with Thai homemade sweet chili sauce.



EAT THAI

9. GOONG CHAE NAM PLA



12.50 €

Camarões tigre preto crus e marinados, com molho picante. Uma entrada típica Tailandesa.

Marinated raw black tiger prawns with spicy sauce. A typical Thai Starter.



10. GAI SA MUN PRAI



9.50 €

Frango frito com erva Tailandesa, servido com molho picante e doce.

Deep fried chicken with Thai herb, served with sweet chili sauce.



11. RUAM MIT

ENTRADA MISTA



19.90 €

Sortido de entradas Tailandesas. Uma ótima escolha para experimentar alguns dos sabores únicos que a cozinha tailandesa oferece. Inclui: SATAY GAI, POH PEAH TOD, KIEW GOONG TOD & TOW HU TOD.

Assortment of Thai starters. A great way of tasting some of the unique flavors Thai cuisine has to offer. Includes: SATAY GAI, POH PEAH TOD, KIEW GOONG TOD & TOW HU TOD.



Sopas ❖ Soups

12. TOM YUM GOONG



9.50 €

A famosa sopa Tailandesa de camarão ervas e especiarias.

Thailand's famous spicy soup. A refined and powerful shrimp bouillon with lemongrass and herbs.



13. TOM KHA GAI



8.90 €

Uma sopa refrescante de frango, leite de coco e galanga (gengibre tailandês).

A refreshing chicken soup flavored with coconut and galangal (Thai ginger).



EAT THAI

Saladas * Salads

14. YUM HED RUAM



10.50 € Vegetariano

Salada de cogumelos com molho picante tailandês, tomate, cebola e aipo.

Mixed mushroom salad with Thai spicy sauce, tomato, onion and celery.



15. YUM NUA YANG



13.90 €

Carne de vaca grelhada picante com molho picante tailandês, tomate, cebola e aipo.

Hot and spicy grilled beef with Thai spicy sauce, tomato onion and celery



16. NAM TOK MOO



12.50 €

Carne de porco grelhada picante com especiarias tailandesas, com pó de arroz, cebola roxa, hortelã, lima, cebola verde e coentros.

Spicy grilled pork grilled with thai spices, with rice powder, red onion, mint, lime, green onion and coriander.

17. GOONG SAM ROD



13.90 €

Camarão tigre preto cozido a vapor com gengibre e molho de lima picante.

Steamed black tiger prawns with ginger and spicy lime sauce.



18. YUM WOON SEN TALAY



14.90 €

Salada picante com frutos do mar e glass noodles.

Spicy seafood salad with glass noodles.



19. GOONG TA RAI



13.90 €

Black Tiger Prawns with chili and lemongrass.

Camarão Tigre Preto com chili e capim limão.



Caril * Curries

Servido com Arroz Jasmin / Served with Jasmin Rice

20. GAENG KEAW WAHN NUE



14.00 €

Caril verde com carne de vaca, leite de coco, legumes, courgette, rebentos de bambu, folha de lima Kaffir e manjeriçao doce.

Beef green curry in coconut milk with courgette, bamboo shoots, kaffir lime leaves and sweet basil.



21. GAENG DAENG MOO



13.00 €

Caril vermelho com carne de porco, leite de coco, rebentos de bambu, folha de lima Kaffir e manjeriçao doce.

Pork red curry with coconut milk, bamboo shoots, kaffir lime leaves and sweet basil



22. GAENG KAREE GAI



13.00 €

Caril amarelo com frango, leite de coco, cebola e batata doce.

Chicken yellow curry with coconut milk, onion and sweet potato.



23. MASSAMAN CURRY NUE



14.00 €

Caril de molho Massaman de carne de vaca, servido com arroz de jasmim.

Beef curry with Massaman sauce topped with red onion, served with jasmine rice.



Salteados * Stir Fried

Servido com Arroz Jasmin / Served with Jasmin Rice

24. POO PAD PONG CURRY

Signature Dish ★★★



32.00 €

Stir fried crab with curry sauce.

Caranguejo salteado com molho de caril.



25. HOY PRIK THAI DUM



16.00 €

Mexilhão preto salteado com pimenta.

Stir fried mussel with black pepper.



26. PAD KRA PRAO MOO



13.50 €

Carne de porco picada, salteada com manjeriço, alho e pimentos.

Stir fried minced pork with chili, garlic and basil leaves.



27. GAI PAD MED MUANG



13.50 €

Peito de frango salteado com castanhas de caju, cebolinho, pimentos, cebola e molho de soja.

Stir fried chicken breast with cashew nuts, spring onion, bell peppers, onion and soy sauce.



28. NUE PAD PRIK GAENG



14.00 €

Carne de vaca salteada com pasta de caril vermelha e piri-piri, folha de lima Kaffir e manjeriço doce.

Stir fried beef in red curry paste with chilli, kaffir lime leaves and sweet basil.



29. PLA RAD PRIK



25.00 €

Robalo frito com ervas tailandesas e molho chili.

Deep Fried sea bass with Thai herbs and chili sauce.



30. PAD PAK TOW HU

10.50 € Vegetariano

Tofu salteado com vegetais frescos tailandeses.

Stir fried tofu with fresh thai vegetables.



Grelhados * Grill Specials

31. SUEA RONG HAI



18.50 €

Carne de vaca grelhada, servida com molho picante de tamarindo.

Grilled beef brisket served with classic Thai spicy sauce.



32. KOR MOO YANG



18.50 €

Pescoço de porco grelhado, servido com molho picante clássico tailandês.

Thai style grilled pork neck, served with classic Thai spicy sauce.



Massas com Caldo * Noodles with Broth

Pode ser encomendado sem caldo
Can also be ordered dry (without broth)

33. BA MEE NAM / HAENG

Massa de ovo Tailandesa com carne, servida com ou sem caldo.

Thai egg noodles with varieties of meats, eggs, served with or without stock (dry).

BA MEE MOO com Porco / with Pork
12.00 €

BA MEE GAI com Frango / with Chicken
12.00 €

BA MEE NUE com Carne de Vaca / with Beef
12.00 €

BA MEE MOO KROB com Barriga de Porco crocante
13.50 €
/ with Crispy Pork Belly

BA MEE KEAW GOONG com Wonton de Gambas
14.90 €
/ with Prawn Wonton



34. KUAY TIEW TOM YUM GOONG



16.90 €

Famosa sopa de massa de arroz com gamba ao estilo TOM YUM.

Popular Thai rice noodle soup with black tiger prawn in TOM YUM style.



Arroz & Massa * Rice & Noodles

35. KHAO PAD



Arroz tailandês frito no wok, servido com molho de peixe picante.

Stir fried rice with varieties of meats, eggs and served with fish chili sauce.

KHAO PAD MOO com Porco / with Pork
14.00 €

KHAO PAD GAI com Frango / with Chicken
14.00 €

KHAO PAD PAK com Legumes / with Vegetables
12.00 € Vegetariano

KHAO PAD GOONG com Gambas / with Prawns
16.90 €

37. PAD SEE EW



Massa de arroz tailandês (plana) salteada em molho de soja com ovo e brócolos chineses.

Stir fried thick noodles and sweet soy souce with varieties of meats and served with eggs.

PAD SEE EW MOO com Porco / with Pork
14.00 €

PAD SEE EW GAI com Frango / with Chicken
14.00 €

PAD SEE EW PAK com Legumes / with Vegetables
12.00 € Vegetariano

PAD SEE EW GOONG com Gambas / with Prawns
16.90 €



36. PAD THAI



Famosa massa de arroz (fina) salteada em molho PAD THAI com rebentos de soja, ovo, amendoim e cebolinho.

Famous stir fried thin rice noodles in PAD THAI sauce with soybean sprouts, egg, peanut and spring onion.

PAD THAI MOO com Porco / with Pork
14.00 €

PAD THAI GAI com Frango / with Chicken
14.00 €

PAD THAI TOW HU com Tofu e Legumes
12.00 € Vegetariano / with Tofu and Vegetables

PAD THAI GOONG com Gambas / with Prawns
16.90 €



38. KHAO PAD SAPPAROT GOONG



18.00 €

Arroz tailandês salteado com gambas, ananás e caju.

Stir fried Thai rice with prawns, pineapple, and cashew nuts.



Acompanhamentos * Side Dishes

39. KHAO SUAY

2.50 €

Arroz tailandês cozido a vapor.
Thai steamed rice.

40. KHAO NIEW

3.50 €

Arroz "sticky" tailandês.
Thai sticky rice.

Sobremesas * Desserts

41. KHAO NIEW MA MUANG

8.00 €

Arroz doce tailandês com manga e molho de coco.
Thai sweet sticky rice with mango and coconut sauce.



42. I TIM KRA TI

6.00 €

Gelado de coco com geleia e amendoins.
Coconut ice cream with jelly and peanuts.



43. KLUAY TOD

6.00 €

Rolinho de banana doce e crocante.
Fried sweet banana roll.



EAT THAI

Cerveja * Beer

Singha (Thai beer)	350 ml	4.00 €
Heineken	350 ml	4.00 €
Corona	355 ml	4.00 €
Super Bock	330 ml	2.50 €

Refrigerantes * Soft Drinks

Água <i>Still water</i>	0,33 L	1.50 €
	0,50 L	2.50 €
Água com gás <i>Sparkling water</i>	0,33 L	1.70 €
	0,50 L	3.00 €
Sumo de Laranja Natural <i>Fresh Orange Juice</i>		3.50 €
Coca-Cola	330 ml	2.80 €
Coca-Cola Zero	330 ml	2.00 €
7UP	330 ml	2.00 €
Fanta	330 ml	2.00 €
Ice Tea de Limão <i>lemon Iced Tea</i>	330 ml	2.00 €
Água Tônica <i>Tonic Water</i>	330 ml	2.00 €
Red Bull	330 ml	2.50 €

Bebidas Tailandesas Frias * Cold Thai Drinks

Ice Tea Tailandês de Limão <i>Thai Lemon Ice Tea</i>	3.50 €
Chá de Leite Tailandês <i>Thai Milk Tea</i>	3.50 €
Refrigerante de limão e mel <i>Honey Lemon Soda</i>	3.25 €
Refrigerante de Verão <i>Summer Soda</i>	3.25 €

Batidos & Smoothies * Milkshakes and Smoorhies

Smoothie de Manga <i>Mango Smoothie</i>	5.00 €
Smoothie de Ananás <i>Pineapple Smoothie</i>	5.00 €
Smoothie de Banana <i>Banana Smoothie</i>	5.00 €
Batido de Morango <i>Strawberry Milkshake</i>	5.00 €
Batido de Chocolate <i>Chocolate Milkshake</i>	5.00 €

EAT THAI

Café & Chá * Coffe & Tea

Café Espresso <i>Espresso Coffee</i>	1.00 €
Descafeinado <i>Decaffeinated Coffee</i>	1.20 €
Café Americano <i>American Coffee</i>	1.50 €
Cappuccino	3.00 €
Café Gelado <i>Iced Coffee</i>	2.50 €
Chá Quente <i>Hot Tea</i>	2.00 €

Bebidas Espirituosas * Beverage & Spirits

Tequila & Shots

Patron	9.00 €
Tiscaz	5.00 €
Tiscaz Gold	4.00 €
Sierra	6.00 €
Sierra Gold	6.00 €
Tequila rose	10.00 €
Sambuca	4.00 €
Absito	4.00 €
Grappa	4.00 €
Martell VS	5.00 €

Rum

Bacardi	5.00 €
Havana Club	6.00 €
Malibu	6.00 €

Vodka

Smirnoff	5.00 €
Absolut	5.00 €
Grey Goose	10.00 €



EAT THAI

Gin

Bombay Sapphire	7.00 €
Hendrick's	10.00 €
Tanqueray	7.00 €
Beefeater London	7.00 €
Gordon	5.00 €
Roku Gin (Japanese)	11.00 €

Whisky, Brandy, Blended

Jack Daniel's	8.00 €
Jack Daniel's Apple	8.00 €
Jack Daniel's Honey	8.00 €
Jack Daniel's Fire	8.00 €
Maker's Mark Bourbon	8.00 €
Johnnie Walker Black / Red Label	8.00 € / 5.00 €
Tullamore D.E.W.	8.00 €
Chivas Regal 12 Years	8.00 €
Chivas Regal 13 Years	10.00 €
Chivas Regal 18 Years	12.00 €
Cerca da Medronheira	12.00 €
Jameson	6.00 €
J & B	6.00 €
Ballantines Finest	6.00 €
Martha's	6.00 €
Torres 10	8.00 €
Remy martin V.S.O.P	12.00 €
Remy Martin XO	20.00 €



Parque das Nações

Av. Mediterrâneo 6H, 1990-155 Lisboa

*Horário * Open Hours*
*Aberto Todos os Dias * Open Everyday*
12:00 - 15:30 / 19:00 - 23:00

*Reservas * Reservations: 938 308 705 / 212 468 173*

Cascais

R. Frederico Arouca 304A, 2750-353 Cascais

*Horário * Open Hours*
*Aberto Todos os Dias * Open Everyday*
12:00 - 15:30 / 19:00 - 23:00

*Reservas * Reservations: 926 544 409 / 21 484 2235*